

Course Booking Form

Style

Club/Association

Instructors Name

Student Name

DOB

Grade

Amount

Address

Telephone

E-mail

Total

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Course Fees

Adults £30

Juniors £25

Please complete the above booking form and return along with payment to the address below

Mr Eddie Gillespie - 7 Burn Terrace, Shiney Row, Tyne and Wear DH4 7JZ

Cheque's payable to Tyne and Wear Ishinryu

For further information please phone 0191 385 4515 or 07985 443230

Training

The weekend course will consist of an overview of basic and advanced kata's, reviewing structure and form.

Understanding fighting techniques and the use of combinations.

Introduction to special competition techniques, Self-defence and bunkai techniques.

Venue

Wearside Health and Racquet Club, Doxford Park, SR3 3XN

Saturday Training Times

11am - 12:30pm

1pm - 2:30pm

Sunday Training Times

11am - 12:30pm

1pm - 2:30pm

Grading 3pm - 4:30pm